

Family Craft Packet 2

2020 Stay-At-Home

Field to Front Office Solutions...



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CORPORATION

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Eagle Research Corporation is carefully monitoring the ongoing Coronavirus (COVID 19) status. The health and well-being of our employees, loved ones and community are of paramount concern. To help with your sanity at home, we have a Family Craft Packet for our 2020 Stay-At-Home. This packet includes Do It Yourself Crafts with items that can be easily found around the home. These ideas are collected from different websites and source is credited at the bottom of the page and reference page at end. You can follow these websites on the reference page for more crafts ideas.

Ideas

- Cooking - Kids love mixing ingredients together and the know how of cooking helps them become independent later in life. Pancakes are an easy meal to teach your kids how to cook.
- Start a new hobby or revisit an old hobby
- Create sculptures using Play-Doh® (playdough recipe included in this packet)
- Be creativity and make your own pictionary game to play

*** Use technology to interact with loved ones - get some interaction while still keeping Social Distancing. Remember you also need your alone time, keeping kids on a schedule helps you relax and have some me time.*

WHY CRAFT WITH YOUR KIDS?

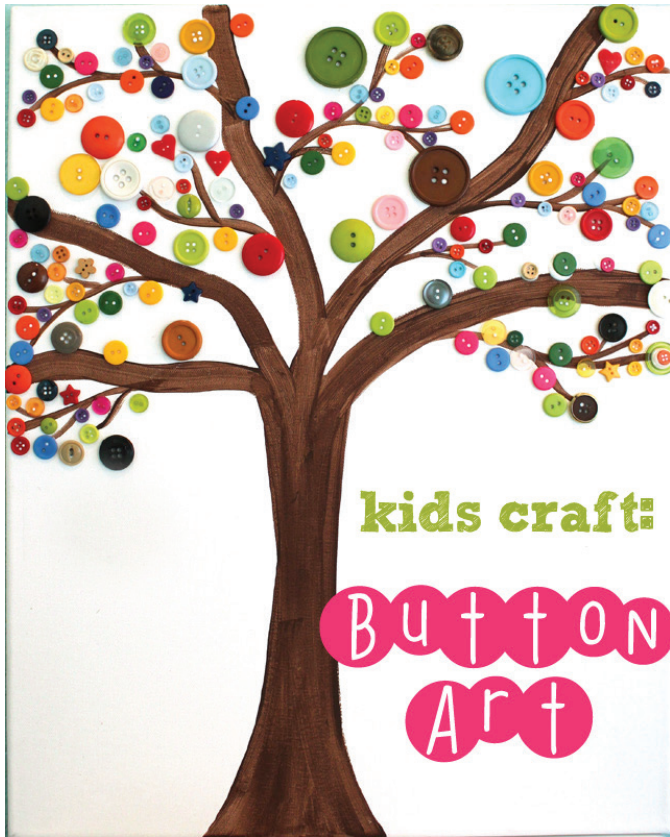
A recent study by Dr. Richard Rende revealed that creative interaction between parents and young children engaging in activities like arts and crafts not only provides immediate and lasting cognitive benefits but also creates a unique bonding experience, which creates lifelong memories. Taking time to be creative with your children is a topic that I am incredibly passionate about. I know firsthand the benefits that children reap when they are exposed to arts and crafts activities, and in an age where arts are in a decline in the school systems, it is even more important than ever for parents to take the initiative to introduce art activities to their children.

Other key findings of Dr. Rende's study showed that:

Arts and crafts engage multiple brain areas simultaneously and improve bilateral coordination between the left and right sides of the brain, leading to immediate and future cognitive development.

Reference: <https://www.happinessishomemade.net/quick-easy-kids-crafts-anyone-can-make/>

BUTTON ART TREE



MATERIALS:

- Canvas
- Brown Paint
- Buttons of different Shape, Colors and Size
- Tacky Glue

Step 1

Create a tree on canvas by either painting or coloring with markers. It would also be fun to fill a solid shape with buttons as well (a giant button heart, for example, would be really cute too!).

Step 2

Collect your buttons and put them into a large pile. This step can also serve as a fantastic lesson about sorting by shape, size and color for younger children.

Step 3

Use a small amount of Tacky Glue to attach the buttons to the canvas.

Step 4

Continue adding buttons until you are satisfied with the way it looks. You can even choose to layer buttons upon buttons for extra dimension! Allow glue to dry thoroughly before hanging.

<https://simplydesigning.porch.com/kids-craft-button-art/>

LADYBUG ROCKS



MATERIALS:

- Patio Paint in colors of your choice
- Smooth rocks, preferably oval or round in shape
- Paintbrush
- Toothpick
- Outdoor sealer, Outdoor Mod Podge or Patio Paint Clear Coat

Step 1

Wash and dry your rocks.

Step 2

Paint with colorful Patio Paint, don't paint the bottoms if these will be sitting in the soil.

Step 3

Paint on a black head and let dry.

Step 4

Use the handle end of a paintbrush to dot on ladybug spots with black paint.

Step 5

Use the handle end of a paintbrush to dot on white eyes. LET DRY COMPLETELY!

Step 6

Cut the tip off of a toothpick. Dip in black paint and dot onto white eyes.

Step 7

When completely dry, paint ladybugs with a coat of Patio Paint Clear Coat or outdoor formula sealer like Mod Podge.

<https://craftsbyamanda.com/ladybug-painted-rocks/>

PAPER PLATE TURTLE CRAFT



MATERIALS:

- Paper plate turtle template (on next page)
- Tissue paper (cut into 1-inch squares)
- White school glue
- Wiggly eyes
- Scissors
- Green marker
- Paper plates
- Paintbrush
- Glitter (optional)
- Double-sided tape
- Black marker

Step 1

After gathering supplies, spread glue over the bottom of the paper plate with a paintbrush.

Step 2

Cover the paper plate with tissue paper squares. When you get to the edge of the plate, fold the tissue paper underneath.

Step 3

If desired, sprinkle glitter over the tissue paper squares while the glue is still wet.

Step 4

Print, color, and cut out the free turtle template. Available on next page

Step 5

Glue 2 wiggly eyes to the turtle's head, then draw a nose and mouth on the turtle's face with the black marker.

Step 6

Secure the turtle's head, legs, and tail to the paper plate with double-sided tape.

Step 7

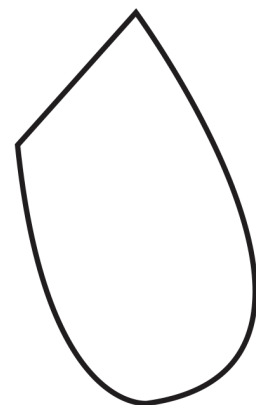
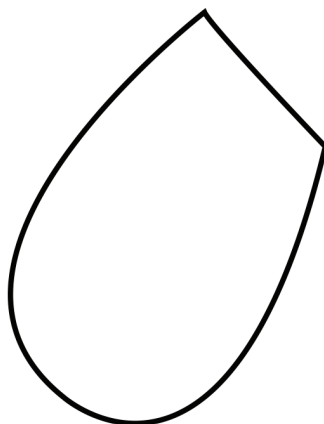
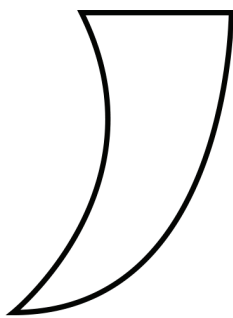
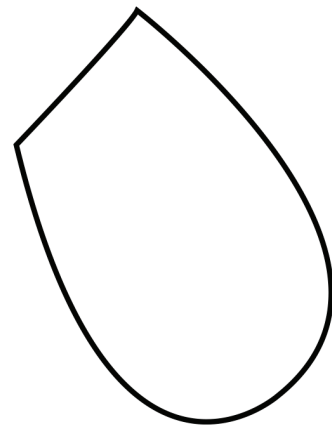
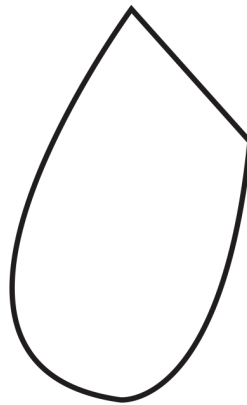
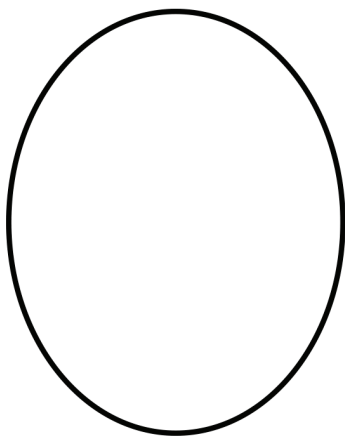
And you're done! Links to other paper plate animals available through the link below.

<https://www.firefliesandmudpies.com/tissue-paper-and-paper-plate-turtle-craft/>

TURTLE CRAFT PRINTOUT

UPCYCLED CD & BUTTON

turtle craft



www.firefliesandmudpies.com

CATERPILLAR CRAFT



MATERIALS:

- Construction Paper (in colors green, red, and black)
- Googly Eyes
- Scissors
- Stapler
- Gluer

Step 1

Have your kids cut the green construction paper into strips. We cut six strips for each of our caterpillars but you can make yours as long or as short as you want. You will also need to cut one strip of red construction paper. This red strip will be the head of your caterpillar.

Step 2

Making this caterpillar craft is the same as making a paper chain. Create a circle with one green strip of construction paper and staple the ends together. Next, thread another strip through the circle you just created and staple it together in a circle shape just as you did the last one. Continue attaching the red strip of construction paper last.

Step 3

When you are done stapling the construction paper together it's time to make the features for your caterpillar's head. From the black construction paper cut out a mouth and two antennae.

Step 4

Glue mouth, antennae, and googly eyes onto the red construction head. We pinched the back of the red construction paper together slightly so that the antennae would stick out over the head. You can also wait until the glue dries and then bend the antennae piece upwards to create the same effect. Once the glue is dry you have a super cute caterpillar craft.

<https://www.thesprucecrafts.com/diy-caterpillar-craft-for-kids-4125131>

BEST HOMEMADE PLAYDOUGH



MATERIALS:

- 1 cup flour
- 1 cup water
- 2 tsp cream of tartar
- 1/3 cup salt
- 1 TBS vegetable oil
- gel food coloring

Step 1

Mix together all the ingredients, except the food coloring, in a medium saucepan.

Step 2

Cook over low/medium heat, stirring. Once it begins to thicken, add the food coloring.

Step 3

Continue stirring until the mixture is much thicker and begins to gather around the spoon.

Step 4

Once the dough is not wet, remove and put onto wax paper or a plate to cool.

Step 5

After cooling (30 minutes) knead playdough for a few seconds and PLAY!

Step 6

Store in an airtight container in the fridge!

Recipe Notes

The above will make you ONE large ball of playdough. I usually make it repeatedly for however many colors I want (so if you want 6 big balls, know that you will need 6 times the ingredients listed above, but you need to make them separately).

<https://domesticsuperhero.com/best-homemade-playdough-recipe/>

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

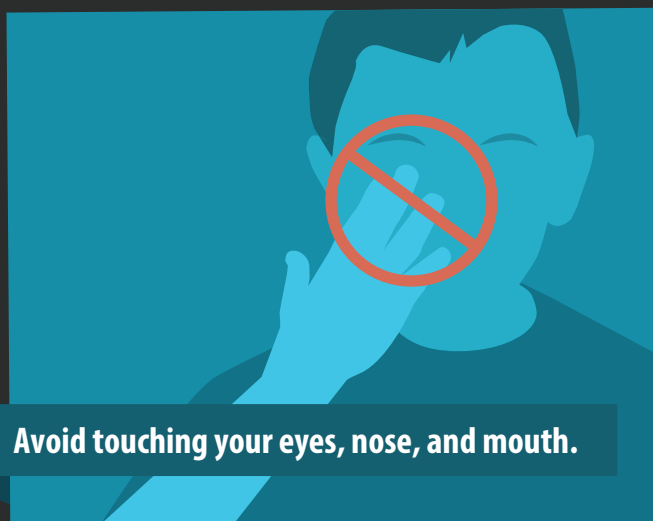
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



cdc.gov/COVID19

SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include

FEVER



COUGH



*Symptoms may appear 2-14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

SHORTNESS OF BREATH



cdc.gov/COVID19-symptoms

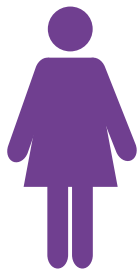
SOCIAL DISTANCING

Social distancing is the most important thing we can do to fight the pandemic. We all need to work together to slow the spread of COVID-19.

You should:

- Stay at home and avoid all non-essential contact with others
- Limit trips for groceries, gas and other essentials.
- If you must go out, stay at least 6 feet away from others at all times.

WE ARE ALL IN THIS TOGETHER JUST 6 FT APART



Spending time outdoors is good for our health, but social responsibility is essential for ALL our health.

AVOID

close contact with others

DISTANCE

yourself at least 6 feet away from other people

SMALL GROUP

sizes should be kept to a minimum

DON'T ARRANGE

to meet up with other groups

AVOID

an area if it looks very busy

References:

<https://www.kingcounty.gov/depts/health/communicable-diseases/disease-control/novel-coronavirus.aspx>

REFERENCES

WHY CRAFT WITH YOUR KIDS

Happiness is Homemade by Heidi Kundin

Website:

<https://www.happinessishomemade.net/>



BUTTON ART TREE

Simply Designing by Ashley Phipps

Website:

<https://simplydesigning.porch.com/>



LADYBUG ROCKS

Crafts by Amanda

Website:

<https://craftsbyamanda.com/>



PAPER PLATE TURTLE

Crafts by Amanda

Website:

<https://www.firefliesandmudpies.com/>



CATERPILLAR CRAFT

The Spruce Crafts

Website:

<https://www.thesprucecrafts.com/>



BEST HOMEMADE PLAYDOUGH

Domestic Superhero

Website:

<https://domesticsuperhero.com/>



The above websites are just a few websites out there with craft ideas for you and your children. Follow any of the above website for other craft ideas.